

Spring & Summer Programs And Science Camps



INTRODUCTORY DEK HOCKEY

Boys & Girls Ages 4 - 10

Excellent introductory program for children with little or no hockey experience. No equipment necessary. Players are taught forehand and

backhand passing and trapping, stick handling, shooting, defending and goalkeeping

Summer: **Mondays, June 10th - July 15th**
Oak Hollow Park

Time: **5:30pm - 6:30pm** (ages 4-6)
AND 6:30pm - 7:30pm (ages 7-10)

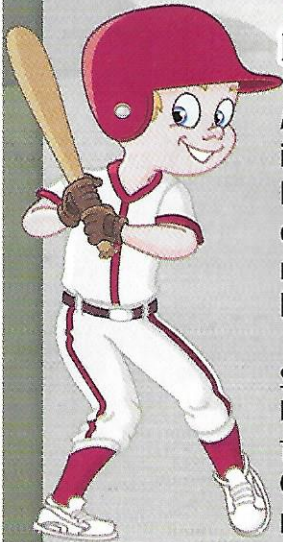
Fee: **\$70 (Includes T-Shirt)**

INTRODUCTORY LACROSSE

Boys & Girls
Grades 1 - 6

Boys and girls can learn to play one of the fastest growing sports in the United States! Children learn the fundamentals of the game, including passing and catching, fielding ground balls, cradling, spacing and positioning, and defense. Plastic sticks and soft balls will be provided. No body checking or stick checking will be permitted! No helmets or shoulder pads.

Summer: **Thursdays, June 13th - July 18th - Oak Hollow Park**
Time: **5:30pm - 6:30pm** (grades 1-3) **AND 6:30pm - 7:30pm** (grades 4-6)
Fee: **\$70 (Includes T-Shirt)**



T-Birds T-Ball

Boys & Girls Ages 3-5

A fun and highly instructional introduction to baseball for children. Players learn the basic of throwing, catching, fielding, batting and base running and then apply what they have learned in fun, non-competitive games.

Summer: **Tuesdays, June 11th - July 16th**
Hilltop Park Field

Time: **5:30pm - 6:30pm AND 6:30pm - 7:30pm**
Children play a rotating schedule of games

Fee: **\$70 (Includes T-Shirt & MLB Hat)**

HUMMINGBIRDS SOCCER

Boys & Girls
Ages 3 - 6

Children learn the basics of soccer including dribbling, passing, trapping, shooting, defending and positioning. Each session consists of instruction in all aspects of the game, participation in fun drills designed to teach skills, and low-key, non-competitive games.

Summer: **Tuesdays, June 12th - July 17th - Oak Hollow Park**
Time: **5:30pm - 6:30pm** (ages 3-4) **AND 6:30pm - 7:30pm** (ages 5-6)
Fee: **\$70 (Includes T-Shirt)**



Questions? Contact Jump Start Sports at: JYuan@JumpStartSports.com